



White Fish with Macadamia Salsa

Ingredients

2 white fish fillets
¼ cup macadamias, halved
½ cup chopped tomatoes
1 avocado, peeled, seeded and diced
3tbs coriander, chopped
3tbs parsley, chopped
Olive oil

Instructions

Pre-heat grill to medium heat.

Place fish on grill and cook for 3-4minutes or until cooked.

To make the salsa, place macadamias, tomatoes, avocado, coriander and parsley in a mixing bowl, combine well. Add olive oil to coat.

Place fish and salsa on a plate to serve.



The Paleo Cookbooks contain 120 recipes each! All which are gluten-free, dairy-free and preservative-free. Every recipe within the Paleo Cookbooks includes a full color photo so you can see what the meal looks like and how to best present it. www.cavemandiet.org/cookbooks